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OVERALL AND AGE-GROUP RESULTS FOR THE 5K
 RUN FOR OUR HEROES
 RALEIGH, NC APRIL 25, 2009
 RESULTS BY YOUNG & ASSOCIATES, RALEIGH, NC
 COURSE CERTIFICATION #NC08062PH

Place	Bib	Name	S	Ag	City	St	Time	Pace
=====	=====	=====	=	=	=====	=	=====	=====
1	264	BOBBY MACK	M	24	RALEIGH	NC	14:45	4:45
2	289	ALEX MARTIN	M	19	INDIAN TRAIL	NC	18:44	6:02
3	311	ELAINE LAWRIE	F	31	RALEIGH	NC	18:56	6:06
4	306	FRANCISCO PALENCIA	M	32	WENDELL	NC	18:57	6:06
5	265	MARK NEWTON	M	45	RALEIGH	NC	19:09	6:10
6	283	SARAH HOGAN	F	24	DURHAM	NC	19:18	6:13
7	89	CLYDE GOMES	M	45	CLAYTON	NC	19:19	6:13
8	332	MIKE FINN	M	27	RALEIGH	NC	19:23	6:15
9	284	ADAM BROOKS	M	24	DURHAM	NC	19:27	6:16
10	322	MICHAEL GIARRATANO	M	30	WASHINGTON	DC	19:33	6:18
11	146	STEVEN MCGILL	M	42	KNIGHTDALE	NC	19:41	6:20
12	135	RYAN LISKA	M	22	RALEIGH	NC	19:50	6:23
13	280	DAVID MEAD	M	26	WAKE FOREST	NC	19:52	6:24
14	338	DAN BOWENS	M	28	CARY	NC	20:00	6:27
15	84	ERIC GELLY	M	38	LEWISVILLE	NC	20:06	6:28
16	40	CHRISTOPHER CLAYTON	M	38	RALEIGH	NC	20:25	6:35
17	321	BRYNE BYRNE	M	30	STAMFORD	CT	20:32	6:37
18	270	DAVID MEYER	M	45	RALEIGH	NC	20:32	6:37
19	74	ELI FOSTER	M	13	RALEIGH	NC	20:39	6:39
20	331	CHRIS BRADSHAW	M	29	RALEIGH	NC	21:04	6:47
21	207	GREG SIRINEK	M	27	RALEIGH	NC	21:08	6:49
22	99	RICHARD HAMILTON	M	50	RALEIGH	NC	21:11	6:49
23	43	GREGORY COHAN	M	22	DURHAM	NC	21:14	6:50
24	138	ANNIE LUX	F	28	RALEIGH	NC	21:21	6:53
25	336	KAZEM YAHYAPOUR	M	53	RALEIGH	NC	21:24	6:54
26	222	NATALIE TAYLOR	F	37	RALEIGH	NC	21:26	6:54
27	334	PATRICK BOHANNA	M	28	RALEIGH	NC	21:29	6:55
28	4	AARON AFARIAN	M	26	RALEIGH	NC	21:32	6:56
29	21	STEVE BRADLEY	M	56	PURCELLVILLE	VA	21:33	6:56
30	111	TYLER HEPPTS	M	17	RALEIGH	NC	21:36	6:58
31	140	JOHN MAAS	M	20	RALEIGH	NC	21:36	6:58
32	7	RICK ARMSTRONG	M	36	RALEIGH	NC	21:40	6:59
33	337	GARY FRANKS	M	39	RALEIGH	NC	21:42	6:59
34	186	ZEPH PUTNUM	M	55	FUQUAY	NC	21:42	6:59
35	87	STEVEN GILBERT	M	16	APEX	NC	21:45	7:01
36	326	WAIL MALATY	M	51	HENDERSONVILLE	NC	21:52	7:03
37	313	WINSTON BECK	M	12	FUQUAY VARINA	NC	21:53	7:03
38	18	RIMA BOGARDUS	F	44	CARY	NC	22:06	7:07
39	143	CALEB MARSHALL	M	17	SANFORD	NC	22:08	7:08
40	312	TIM BECK	M	52	FUQUAY-VARINA	NC	22:09	7:08
41	41	CHARLES COBLE	M	36	RALEIGH	NC	22:10	7:08
42	276	WILL SUIT	M	38	CLAYTON	NC	22:19	7:11
43	242	TYLER WILKERSON	M	0	DURHAM	NC	22:26	7:13
44	57	ADRIANO DE MEO	M	28	MORRISVILLE	NC	22:31	7:15
45	32	DREW CARELLE	M	29	MORRISVILLE	NC	22:36	7:17
46	319	JONATHAN MCDANIEL	M	24	RALEIGH	NC	22:41	7:18
47	320	JEFF STAKEL	M	29	DURHAM	NC	22:41	7:18
48	297	GREGG WOZNICHAK	M	41	CLAYTON	NC	22:42	7:19
49	150	RANDY MELLOTT	M	60	RALEIGH	NC	22:43	7:19
50	197	LAURENCE RUBIN	M	43	RALEIGH	NC	22:44	7:20
51	295	COLEMAN PRICE	M	14	RALEIGH	NC	22:48	7:21
52	261	WAYNE BRIDGES	M	45	CLAYTON	NC	22:50	7:21
53	333	JOE WALSH	M	38	RALEIGH	NC	22:53	7:22
54	75	GARY FOWLER	M	47	WAKE FOREST	NC	22:57	7:24

55	145	AMY MATTERN	F	33	RALEIGH	NC	23:14	7:29
56	259	JOHN WARWICK	M	47	RALEIGH	NC	23:15	7:29
57	149	CHARLES MEEKER	M	58	RALEIGH	NC	23:16	7:30
58	132	MEL LEVIN	M	61	RALEIGH	NC	23:22	7:31
59	203	KERRIE SHANK	F	39	RALEIGH	NC	23:24	7:32
60	90	RICK GRAYSON	M	47	RALEIGH	NC	23:25	7:33
61	59	CHRISTINE DENAHAN	F	36	RALEIGH	NC	23:28	7:34
62	154	ALAN MOORE	M	35	RALEIGH	NC	23:32	7:35
63	86	ANDY GILBERT	M	49	APEX	NC	23:41	7:38
64	266	ANDREA SMYTHE	F	27	RALEIGH	NC	23:41	7:38
65	168	PAULA O'NEAL	F	44	GARNER	NC	23:46	7:39
66	36	MARK CAVERLY	M	37	RALEIGH	NC	23:49	7:40
67	262	ANDREW MEYERS	M	42	APEX	NC	23:53	7:42
68	39	CHINA CHIEN	F	33	CARY	NC	23:55	7:42
69	299	MATTHEW HOLLIDAY	M	31	RALEIGH	NC	24:00	7:44
70	172	CHUN PAN	M	36	RALEIGH	NC	24:06	7:46
71	137	ERV LOVE	M	64	RALEIGH	NC	24:07	7:46
72	24	KEN BROWN	M	64	RALEIGH	NC	24:08	7:46
73	233	GAIL WALTON	F	47	GARNER	NC	24:10	7:47
74	278	SKIP KING	M	42	CARY	NC	24:12	7:48
75	156	JEREMY MORGAN	M	31	FUQUAY VARINA	NC	24:16	7:49
76	279	BILL CARROL	M	54	RALEIGH	NC	24:18	7:50
77	267	LISA HOWELL	F	50	RALEIGH	NC	24:22	7:51
78	170	JOY ORLANDO	F	37	CARY	NC	24:26	7:52
79	159	DAVE MULLEY	M	32	RALEIGH	NC	24:30	7:54
80	291	BRIAN BEIGER	M	34	DURHAM	NC	24:37	7:56
81	219	CHIP SWARTZ	M	41	FOUR OAKS	NC	24:42	7:57
82	42	JOHN COBURN	M	38	RALEIGH	NC	24:43	7:58
83	305	MATTHEW PEARSON	M	35	WILLOW SPRING	NC	24:47	7:59
84	277	KYLE THOMPSON	M	22	RALEIGH	NC	24:48	7:59
85	275	STEPHANIE KLOS-WELLER	F	35	WAKE FOREST	NC	24:50	8:00
86	95	CHRIS HAGWOOD	M	43	GARNER	NC	24:53	8:01
87	5	MAGGIE ALLEN	F	29	CLAYTON	NC	24:53	8:01
88	129	JIM KRISTOF	M	51	CARY	NC	24:54	8:01
89	72	MATTHEW FERGUSON	M	28	DURHAM	NC	24:56	8:02
90	29	CHRISTAL BURGESS	F	43	RALEIGH	NC	24:57	8:02
91	71	TROY FAUST	M	29	RALEIGH	NC	25:03	8:04
92	249	JOEY YOW	M	50	FOUR OAKS	NC	25:06	8:05
93	165	JOSH NORRIS	M	19	WILMINGTON	NC	25:08	8:06
94	123	GREG JOHNSON	M	47	APEX	NC	25:09	8:06
95	223	MATT THACKER	M	33	HENDERSON	NC	25:10	8:06
96	215	ALESHA STREET	F	24	RALEIGH	NC	25:11	8:07
97	308	MICHELLE LEMPert	F	33	RALEIGH	NC	25:14	8:08
98	15	ROB BIDDLE	M	39	CARY	NC	25:17	8:09
99	54	DAVID DAVIS	M	26	WAKE FOREST	NC	25:18	8:09
100	50	TONY COX	M	29	WENDELL	NC	25:19	8:09
101	81	NATHANIEL GAMBLE	M	10	RALEIGH	NC	25:24	8:11
102	91	RUARI GRIFFIN	M	31	CARY	NC	25:26	8:12
103	2	JOHN ADAMOF	M	40	RALEIGH	NC	25:28	8:12
104	234	MARTY WALTON	M	46	GARNER	NC	25:28	8:12
105	221	JOHN TAYLOR	M	30	ROANOKE RAPIDS	NC	25:29	8:12
106	128	MARY KRAMER	F	43	RALEIGH	NC	25:30	8:13
107	139	LOGAN LUZADER	M	23	RALEIGH	NC	25:33	8:14
108	189	DANIEL REGINA	M	36	RALEIGH	NC	25:34	8:14
109	300	HENRY GALINDO	M	36	RALEIGH	NC	25:34	8:14
110	133	TRICIA LEWIS	F	38	RALEIGH	NC	25:37	8:15
111	127	JOHN KRAMER	M	58	RALEIGH	NC	25:38	8:16
112	163	K NESHAT	M	25	RALEIGH	NC	25:40	8:16
113	55	EMILY DAVIS	F	32	RALEIGH	NC	25:42	8:17
114	274	BRENT PARKER	M	23	RALEIGH	NC	25:44	8:17
115	70	SUE FATHI	F	40	RALEIGH	NC	25:46	8:18
116	51	COURTNEY DAIL	F	22	KNIGHTDALE	NC	25:50	8:19
117	56	TAMMY DAVIS	F	33	WAKE FOREST	NC	25:56	8:21
118	19	MOLLY BOOTHE	F	37	RALEIGH	NC	25:56	8:21
119	298	SARAH BRIGGS	F	19	RALEIGH	NC	26:11	8:26

120	136	ANGELA LIVINGSTON	F	32	WAKE FOREST	NC	26:11	8:26
121	109	DANIEL HAVEY	M	46	RALEIGH	NC	26:15	8:27
122	317	PETER CRANFORD	M	55	RALEIGH	NC	26:26	8:31
123	161	LISA MYERS	F	25	MORRISVILLE	NC	26:27	8:31
124	195	GARY ROSIA	M	42	CARY	NC	26:34	8:34
125	335	DANIEL DEMCOVICI	M	44	RALEIGH	NC	26:46	8:37
126	231	RACHEL VIDRINE	F	29	CARY	NC	26:50	8:39
127	181	MIKE PHILLIPS	M	48	FUQUAY VARINA	NC	26:51	8:39
128	271	DAVID LENNON	M	56	RALEIGH	NC	26:54	8:40
129	257	JEREMY HANDLON	M	30	RALEIGH	NC	26:57	8:41
130	202	FRAN SEAMAN	F	33	CLAYTON	NC	26:58	8:41
131	301	JOHN LAWRANCE	M	62	WILLOW SPRING	NC	26:59	8:41
132	227	LILY TRINH	F	33	CARY	NC	27:00	8:42
133	187	JOEL PYLAND	M	32	WILSON	NC	27:10	8:45
134	236	MORGAN WEATHERFORD	M	31	RALEIGH	NC	27:10	8:45
135	238	THOMAS WEBB	M	35	WILSON	NC	27:11	8:45
136	220	ANNE SWINSON	F	28	RALEIGH	NC	27:14	8:46
137	33	CASEY CARON	F	20	WILMINGTON	NC	27:14	8:46
138	107	KIP HARTZELL	M	44	RALEIGH	NC	27:16	8:47
139	106	JESSICA HARTZELL	F	36	RALEIGH	NC	27:16	8:47
140	173	KAHN PARK	M	17	RALEIGH	NC	27:22	8:49
141	11	PAULINE BAGGARLY	F	41	APEX	NC	27:32	8:52
142	96	MELISSA HAIDET	F	28	RALEIGH	NC	27:33	8:52
143	209	ELIZABETH SLOCUM	F	28	CLAYTON	NC	27:47	8:57
144	148	TOM MCGRATH	M	44	GARNER	NC	27:49	8:57
145	254	CYNTHIA COFFEY	F	37	RALEIGH	NC	27:55	8:59
146	27	ROBERT BRYANT	M	39	RALEIGH	NC	27:55	8:59
147	117	ROBERT IPOCK	M	47	LAGRANGE	NC	27:56	9:00
148	328	STEWART GALE	M	30	RALEIGH	NC	27:57	9:00
149	28	CARISSA BURCHETT	F	34	WAKE FOREST	NC	27:58	9:00
150	229	MIKE VALENTINE	M	60	STATESVILLE	NC	27:58	9:01
151	303	DAVID BELL	M	31	NEW YORK	NY	28:04	9:02
152	212	BILL STOLTZ	M	37	GARNER	NC	28:05	9:03
153	327	STEPHANIE GALE	F	29	RALEIGH	NC	28:06	9:03
154	263	JON BAKER	M	29	RALEIGH	NC	28:21	9:08
155	104	ART HARRIS	M	42	KNIGHTDALE	NC	28:22	9:08
156	155	JACK MORGAN	M	42	RALEIGH	NC	28:25	9:09
157	167	SUNNY O'CONNOR	F	28	RALEIGH	NC	28:29	9:10
158	241	KIMBERLY WILK	F	32	CARY	NC	28:35	9:12
159	318	GERI LAIL	F	36	RALEIGH	NC	28:35	9:12
160	180	BLANCHE PHILLIPS	F	45	FUQUAY VARINA	NC	28:41	9:14
161	23	GARY BROWN	M	45	MT. OLIVE	NC	28:45	9:15
162	304	EDWARD KARCHER	M	41	RALEIGH	NC	28:45	9:16
163	199	CHRISTOPHER RUHLMAN	M	29	CLAYTON	NC	28:47	9:16
164	177	GEORGE PAUGH	M	49	WILLOW SPRING	NC	28:48	9:17
165	228	WILLIAM TRIPP	M	26	GARNER	NC	28:48	9:17
166	296	KAYE HOLDER	F	59	RALEIGH	NC	28:49	9:17
167	175	KENDRA PARRISH	F	32	FUQUAY-VARINA	NC	28:49	9:17
168	314	MATTHEW COOPER	M	32	RALEIGH	NC	28:53	9:18
169	126	MATTHEW KOHR	M	38	RALEIGH	NC	28:58	9:20
170	330	DAWN POTTER	F	39	RALEIGH	NC	28:59	9:20
171	185	KENDALL PRATT	M	63	APEX	NC	29:01	9:21
172	147	AMY MCGRATH	F	43	GARNER	NC	29:07	9:23
173	323	JORDAN COOR	F	17	MOUNT OLIVE	NC	29:10	9:24
174	34	JAMES CARPENTER	M	39	WEST END	NC	29:13	9:25
175	142	ANDREW MARSHALL	M	55	SANFORD	NC	29:14	9:25
176	10	BRIAN BAGGARLY	M	39	APEX	NC	29:16	9:25
177	64	REBECCA DUNCAN	F	24	GARNER	NC	29:19	9:26
178	248	PILAR YBARRA	F	44	RALEIGH	NC	29:19	9:27
179	210	WALTON SPOOR	F	43	RALEIGH	NC	29:21	9:27
180	88	ROBYN GOFF	F	30	RALEIGH	NC	29:24	9:28
181	171	KATHY PALMISANO	F	29	RALEIGH	NC	29:25	9:28
182	240	RICHARD WIEBER	M	47	FOUR OAKS	NC	29:31	9:31
183	307	JOHN HERRING	M	42	RALEIGH	NC	29:33	9:31
184	191	ALICIA ROBINSON	F	33	RALEIGH	NC	29:34	9:31

185	237	RENEE WEAVER	F	40	RALEIGH	NC	29:37	9:32
186	79	REILYN GAGLIONE	F	8	CARY	NC	29:44	9:35
187	1	DEBBIE ABBENE	M	53	APEX	NC	29:45	9:35
188	103	CAROL HANSEL	F	50	CARY	NC	29:53	9:38
189	153	NORA MILLEY	F	32	GARNER	NC	29:55	9:38
190	116	EMILY HUGHES	F	25	KAILUA	HI	30:03	9:41
191	77	ELIZABETH GAGLIONE	F	39	CARY	NC	30:07	9:42
192	244	WAYNE WISE	M	26	HILLSBOROUGH	NC	30:17	9:45
193	309	BECKY CARRINGTON	F	16	APEX	NC	30:19	9:46
194	130	MEGAN LARSEN	F	16	RALEIGH	NC	30:19	9:46
195	245	BRITTANY WOOD	F	20	WILLOW SPRING	NC	30:21	9:46
196	272	JAY SHARPE	M	34	RALEIGH	NC	30:31	9:50
197	30	SUSAN BURKE	F	43	GARNER	NC	30:32	9:50
198	16	BARBARA BILLINGS	F	50	SHIPPENSBURG	PA	30:33	9:50
199	152	JENNIFER MEYERS	F	40	GARNER	NC	30:41	9:53
200	286	HAYDEN POULIN	M	37	AYDLETT	NC	30:42	9:53
201	211	TIFFANY STARK	F	25	SANFORD	NC	30:45	9:54
202	17	ANDY BIXLER	M	31	HOLLY SPRINGS	NC	30:48	9:55
203	73	TOM FERRO	M	53	CARY	NC	31:00	9:59
204	26	CAROL BROWNE	F	51	ASHEVILLE	NC	31:04	10:00
205	252	KEITH RIVENBARK	M	38	CLAYTON	NC	31:06	10:01
206	48	REBECCA COOK	F	34	WILLOW SPRING	NC	31:11	10:03
207	169	JACQUELINE OKOTH	F	40	RALEIGH	NC	31:11	10:03
208	0	NAME UNKNOWN					31:12	10:03
209	160	CARRIE MYERS	F	50	MALVERN	OH	31:12	10:03
210	178	CARL PEMBERTON	M	52	ROCKVILLE	MD	31:16	10:04
211	251	SCOTT ZARGO	M	44	RALEIGH	NC	31:18	10:05
212	315	KERI PADGETT	F	36	WAKE FOREST	NC	31:20	10:05
213	316	DERRICK PETERSON	M	34	CLAYTON	NC	31:20	10:06
214	302	LORRIE MINSCHW	F	34	FUQUAY VARINA	NC	31:22	10:06
215	179	JULIA PEMBERTON	F	15	ROCKVILLE	MD	31:24	10:07
216	45	LESLIE COLLINS	F	27	RALEIGH	NC	31:32	10:09
217	44	CHAD COLLINS	M	37	RALEIGH	NC	31:33	10:09
218	98	KEVIN HALL	M	48	NASHVILLE	NC	31:33	10:10
219	200	TWYLA RYAN	F	37	ARDEN	NC	31:34	10:10
220	92	LOUISE GUARDINO	F	68	CARY	NC	31:36	10:11
221	250	ALEXIS ZARGO	F	18	RALEIGH	NC	31:40	10:12
222	9	VERONICA AYCOCK	F	34	FREMONT	NC	31:44	10:13
223	292	JULIE COVELESKI	F	32	WAKE FOREST	NC	31:45	10:13
224	192	CHARLES ROSA	M	41	RALEIGH	NC	31:47	10:14
225	193	CHARLIE ROSA	F	9	RALEIGH	NC	31:47	10:14
226	225	DAN THOMPSON	M	34	RALEIGH	NC	31:53	10:16
227	198	PENNY RUEL	F	36	GARNER	NC	31:54	10:16
228	141	KELLY MARKS-BODO	F	34	CARY	NC	31:59	10:18
229	268	DWAYNE LESHER	M	47	RALEIGH	NC	32:00	10:18
230	78	MATHISON GAGLIONE	M	6	CARY	NC	32:05	10:20
231	260	ANGELA GANGEMI	F	33	CARY	NC	32:08	10:21
232	65	RACHEL EARNHARDT	F	14	RALEIGH	NC	32:09	10:21
233	216	LISA STUBBS	F	42	RALEIGH	NC	32:11	10:22
234	162	GRETCHEN NAGLE	F	35	RALEIGH	NC	32:12	10:22
235	63	ANJELA DUKES	F	34	RALEIGH	NC	32:13	10:22
236	53	FONDA DANIELS	F	41	CARY	NC	32:14	10:23
237	124	JANET JOHNSON	F	46	GARNER	NC	32:14	10:23
238	8	KRISTI AYCOCK	F	32	PIKEVILLE	NC	32:16	10:23
239	118	KIMBERLY JACKSON	F	24	RALEIGH	NC	32:18	10:24
240	204	STEPHANIE SHEAR	F	43	RALEIGH	NC	32:19	10:24
241	310	NITA KLINE	F	53	RALEIGH	NC	32:19	10:24
242	76	EVA FRONCZYK	F	25	DURHAM	NC	32:22	10:25
243	218	SONIA SURASKY	F	32	RALEIGH	NC	32:24	10:26
244	47	TIFFINY CONSOLI	F	39	RALEIGH	NC	32:25	10:26
245	239	KELLY WELCH	F	31	WINSTON SALEM	NC	32:25	10:26
246	246	COURTNEY WOOD	F	24	WILLOW SPRING	NC	33:04	10:39
247	224	RENEE THACKER	F	31	HENDERSON	NC	33:39	10:50
248	166	MARIE NORTON	F	38	CARY	NC	33:47	10:53
249	213	DARIA STOLTZ	F	38	GARNER	NC	33:49	10:53

250	67	JULIE ELDRIDGE	F	51	RALEIGH	NC	33:51	10:54
251	208	ADAM SKELDING	M	39	RALEIGH	NC	33:52	10:54
252	114	COURTNEY HOLBROOK	F	23	RALEIGH	NC	33:53	10:55
253	46	JAMIE CONNERTON	F	27	GARNER	NC	34:01	10:57
254	3	RUKAYAT ADEJUMO	F	33	RALEIGH	NC	34:08	11:00
255	113	KIM HOCKING	F	41	RALEIGH	NC	34:11	11:01
256	151	RAY METTS	M	37	RALEIGH	NC	34:18	11:03
257	125	KAREN JONES	F	55	MACON	GA	34:21	11:04
258	110	DONNA HAYNES	F	36	RALEIGH	NC	34:27	11:06
259	100	JOSH HANDEST	M	34	RALEIGH	NC	34:50	11:13
260	101	MAGGIE HANDEST	F	32	RALEIGH	NC	34:50	11:13
261	188	TYLER RATKOWSKI	M	14	WAKE FOREST	NC	34:55	11:15
262	52	ABIGAIL DANFORA	F	12	RALEIGH	NC	34:56	11:15
263	329	MICHELLE MCCREA	F	39	FUQUAY VARINA	NC	35:00	11:16
264	131	JIM LAUMANN	M	62	CARY	NC	35:04	11:18
265	122	BARRY JOHNSON	M	52	MORRISVILLE	NC	35:05	11:18
266	68	ERIN ELLERMAN	F	27	HENDERSON	NC	35:09	11:19
267	121	SUSAN JESSUP	F	50	HOLLY SPRINGS	NC	35:20	11:23
268	158	NANCY MOSER	F	48	RALEIGH	NC	35:29	11:26
269	176	KENNETH PASFIELD			CARY	NC	35:37	11:28
270	144	SANDRA MASTROMARINO	F	29	WAKE FOREST	NC	36:01	11:36
271	269	HOLLY BRIGGS	F	43	RALEIGH	NC	36:04	11:37
272	285	DIANE DUNN	F	44	GARNER	NC	36:04	11:37
273	247	JASON YARDLEY	M	31	FUQUAY VARINA	NC	36:35	11:47
274	14	JACKIE BAYNE	F	31	CARY	NC	36:42	11:49
275	256	SOMP THILAVANH	M	34	FUQUAY VARINA	NC	37:01	11:55
276	282	LIZ SCHOENECK	F	30	RALEIGH	NC	37:09	11:58
277	253	DAVID DOWDY	M	20	ERWIN	NC	37:09	11:58
278	235	ASHLEY WATTS	F	28	RALEIGH	NC	37:12	11:59
279	288	SHERIDAN WRIGHT	F	9	FUQUAY VARINA	NC	38:02	12:15
280	287	TIFFANY WRIGHT	F	32	FUQUAY VARINA	NC	38:07	12:16
281	206	MARY SIMPSON	F	35	RALEIGH	NC	38:11	12:18
282	205	CHRISTOPHER SIMPSON	M	37	RALEIGH	NC	38:11	12:18
283	115	TAMMY HOLDER	F	41	ASTORIA	NY	38:12	12:18
284	255	AMANDA HABICH	F	31	WILLOW SPRING	NC	38:27	12:23
285	108	SUSAN HATCH	F	61	RALEIGH	NC	38:35	12:26
286	69	GINA FANNING	F	29	RALEIGH	NC	38:39	12:27
287	258	FREDA KERR	F	44	RALEIGH	NC	38:51	12:31
288	12	JEANNIE BARROW	F	29	HENDERSON	NC	38:58	12:33
289	273	FRANCES ROSE	F	65	CARY	NC	39:04	12:35
290	174	ERNESTINE PARKER	F	65	RALEIGH	NC	39:11	12:37
291	194	JULIE ROSA	F	31	RALEIGH	NC	39:17	12:39
292	38	APRIL CHIANESE	F	34	CLAYTON	NC	39:29	12:43
293	60	JENNIFER DIKE	F	35	RALEIGH	NC	39:39	12:46
294	281	MATTHEW DOWNEY	M	28	RALEIGH	NC	39:40	12:46
295	226	SYNTHAVANH THOMPSON	F	35	RALEIGH	NC	39:50	12:50
296	82	REBECCA GAMBLE	F	40	RALEIGH	NC	39:55	12:51
297	80	ELIZABETH GAMBLE	F	9	RALEIGH	NC	39:56	12:51
298	293	JENNIFER PENNINGTON	F	31	RALEIGH	NC	39:59	12:53
299	294	DAVID SMITH	M	32	MORRISVILLE	NC	40:07	12:55
300	157	PAIGE MORSE	F	12	FUQUAY VARINA	NC	40:08	12:55
301	6	ANGELA ALLOR	F	42	RALEIGH	NC	40:31	13:03
302	35	BRITTANY CARTER	F	22	RALEIGH	NC	40:37	13:05
303	13	BENJAMIN BAUGHMAN	M	34	RALEIGH	NC	41:18	13:18
304	190	JAMIE RIGSBEE	M	28	GARNER	NC	41:18	13:18
305	49	AMANDA COX	F	28	WENDELL	NC	41:40	13:25
306	217	DIANE SULLIVAN	F	57	ROCKY POINT	NC	42:06	13:33
307	196	MICHELE ROSS	F	40	WAKE FOREST	NC	44:02	14:11
308	325	SAVANNA BROWN	F	15	MOUNT OLIVE	NC	44:42	14:24
309	93	FRANK HAAG	M	57	RALEIGH	NC	45:23	14:37
310	214	BARBARA STONE-NEWTON	F	60	RALEIGH	NC	45:56	14:47
311	290	TRICIA SHAFER	F	37	FUQUAY VARINA	NC	47:12	15:12
312	324	BRITTANY WILLIS	F	19	GOLDSBORO	NC	47:33	15:19
313	25	SUZANNE BROWN	F	41	GOLDSBORO	NC	47:50	15:24
314	230	TAMARA VALENTINE	F	60	STATESVILLE	NC	54:02	17:24

315 164 LALLEH NESHAT

F 21 RALEIGH

NC 54:48 17:39

FIRST THREE MALES OVERALL

Place	Bib	Name	Ag	City	St	Time	Pace
1	264	BOBBY MACK	24	RALEIGH	NC	14:45	4:45
2	289	ALEX MARTIN	19	INDIAN TRAIL	NC	18:44	6:02
3	306	FRANCISCO PALENCIA	32	WENDELL	NC	18:57	6:06

FIRST THREE FEMALES OVERALL

Place	Bib	Name	Ag	City	St	Time	Pace
1	311	ELAINE LAWRIE	31	RALEIGH	NC	18:56	6:06
2	283	SARAH HOGAN	24	DURHAM	NC	19:18	6:13
3	138	ANNIE LUX	28	RALEIGH	NC	21:21	6:53

FIRST THREE MALE LAW ENFORCEMENT OFFICERS

Place	Bib	Name	Ag	City	St	Time	Pace
1	280	DAVID MEAD	26	WAKE FOREST	NC	19:52	6:24
2	40	CHRISTOPHER CLAYTON	38	RALEIGH	NC	20:25	6:35
3	207	GREG SIRINEK	27	RALEIGH	NC	21:08	6:49

FIRST THREE FEMALE LAW ENFORCEMENT OFFICERS

Place	Bib	Name	Ag	City	St	Time	Pace
1	168	PAULA O'NEAL	44	GARNER	NC	23:46	7:39
2	128	MARY KRAMER	43	RALEIGH	NC	25:30	8:13
3	302	LORRIE MINSCHIEW	34	FUQUAY VARINA	NC	31:22	10:06

MALE AGE GROUP: 1 - 12

Place	Bib	Name	Ag	City	St	Time	Pace
1	313	WINSTON BECK	12	FUQUAY VARINA	NC	21:53	7:03
2	81	NATHANIEL GAMBLE	10	RALEIGH	NC	25:24	8:11
3	78	MATHISON GAGLIONE	6	CARY	NC	32:05	10:20

FEMALE AGE GROUP: 1 - 12

Place	Bib	Name	Ag	City	St	Time	Pace
1	79	REILYN GAGLIONE	8	CARY	NC	29:44	9:35
2	193	CHARLIE ROSA	9	RALEIGH	NC	31:47	10:14
3	52	ABIGAIL DANFORA	12	RALEIGH	NC	34:56	11:15
4	288	SHERIDAN WRIGHT	9	FUQUAY VARINA	NC	38:02	12:15
5	80	ELIZABETH GAMBLE	9	RALEIGH	NC	39:56	12:51
6	157	PAIGE MORSE	12	FUQUAY VARINA	NC	40:08	12:55

MALE AGE GROUP: 13 - 19

Place	Bib	Name	Ag	City	St	Time	Pace
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1	74	ELI FOSTER	13	RALEIGH	NC	20:39	6:39
2	111	TYLER HEPPTS	17	RALEIGH	NC	21:36	6:58
3	87	STEVEN GILBERT	16	APEX	NC	21:45	7:01
4	143	CALEB MARSHALL	17	SANFORD	NC	22:08	7:08
5	295	COLEMAN PRICE	14	RALEIGH	NC	22:48	7:21
6	165	JOSH NORRIS	19	WILMINGTON	NC	25:08	8:06
7	173	KAHN PARK	17	RALEIGH	NC	27:22	8:49
8	188	TYLER RATKOWSKI	14	WAKE FOREST	NC	34:55	11:15

FEMALE AGE GROUP: 13 - 19

Place	Bib	Name	Ag	City	St	Time	Pace
1	298	SARAH BRIGGS	19	RALEIGH	NC	26:11	8:26
2	323	JORDAN COOR	17	MOUNT OLIVE	NC	29:10	9:24
3	309	BECKY CARRINGTON	16	APEX	NC	30:19	9:46
4	130	MEGAN LARSEN	16	RALEIGH	NC	30:19	9:46
5	179	JULIA PEMBERTON	15	ROCKVILLE	MD	31:24	10:07
6	250	ALEXIS ZARGO	18	RALEIGH	NC	31:40	10:12
7	65	RACHEL EARNHARDT	14	RALEIGH	NC	32:09	10:21
8	325	SAVANNA BROWN	15	MOUNT OLIVE	NC	44:42	14:24
9	324	BRITTANY WILLIS	19	GOLDSBORO	NC	47:33	15:19

MALE AGE GROUP: 20 - 29

Place	Bib	Name	Ag	City	St	Time	Pace
1	332	MIKE FINN	27	RALEIGH	NC	19:23	6:15
2	284	ADAM BROOKS	24	DURHAM	NC	19:27	6:16
3	135	RYAN LISKA	22	RALEIGH	NC	19:50	6:23
4	280	DAVID MEAD	26	WAKE FOREST	NC	19:52	6:24
5	338	DAN BOWENS	28	CARY	NC	20:00	6:27
6	331	CHRIS BRADSHAW	29	RALEIGH	NC	21:04	6:47
7	207	GREG SIRINEK	27	RALEIGH	NC	21:08	6:49
8	43	GREGORY COHAN	22	DURHAM	NC	21:14	6:50
9	334	PATRICK BOHANNA	28	RALEIGH	NC	21:29	6:55
10	4	AARON AFARIAN	26	RALEIGH	NC	21:32	6:56
11	140	JOHN MAAS	20	RALEIGH	NC	21:36	6:58
12	57	ADRIANO DE MEO	28	MORRISVILLE	NC	22:31	7:15
13	32	DREW CARELLE	29	MORRISVILLE	NC	22:36	7:17
14	319	JONATHAN MCDANIEL	24	RALEIGH	NC	22:41	7:18
15	320	JEFF STAKEL	29	DURHAM	NC	22:41	7:18
16	277	KYLE THOMPSON	22	RALEIGH	NC	24:48	7:59
17	72	MATTHEW FERGUSON	28	DURHAM	NC	24:56	8:02
18	71	TROY FAUST	29	RALEIGH	NC	25:03	8:04
19	54	DAVID DAVIS	26	WAKE FOREST	NC	25:18	8:09
20	50	TONY COX	29	WENDELL	NC	25:19	8:09
21	139	LOGAN LUZADER	23	RALEIGH	NC	25:33	8:14
22	163	K NESHAT	25	RALEIGH	NC	25:40	8:16
23	274	BRENT PARKER	23	RALEIGH	NC	25:44	8:17
24	263	JON BAKER	29	RALEIGH	NC	28:21	9:08
25	199	CHRISTOPHER RUHLMAN	29	CLAYTON	NC	28:47	9:16
26	228	WILLIAM TRIPP	26	GARNER	NC	28:48	9:17
27	244	WAYNE WISE	26	HILLSBOROUGH	NC	30:17	9:45
28	253	DAVID DOWDY	20	ERWIN	NC	37:09	11:58
29	281	MATTHEW DOWNEY	28	RALEIGH	NC	39:40	12:46
30	190	JAMIE RIGSBEE	28	GARNER	NC	41:18	13:18

FEMALE AGE GROUP: 20 - 29

Place	Bib	Name	Ag	City	St	Time	Pace
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1	266	ANDREA SMYTHE	27	RALEIGH	NC	23:41	7:38
2	5	MAGGIE ALLEN	29	CLAYTON	NC	24:53	8:01
3	215	ALESHA STREET	24	RALEIGH	NC	25:11	8:07
4	51	COURTNEY DAIL	22	KNIGHTDALE	NC	25:50	8:19
5	161	LISA MYERS	25	MORRISVILLE	NC	26:27	8:31
6	231	RACHEL VIDRINE	29	CARY	NC	26:50	8:39
7	220	ANNE SWINSON	28	RALEIGH	NC	27:14	8:46
8	33	CASEY CARON	20	WILMINGTON	NC	27:14	8:46
9	96	MELISSA HAIDET	28	RALEIGH	NC	27:33	8:52
10	209	ELIZABETH SLOCUM	28	CLAYTON	NC	27:47	8:57
11	327	STEPHANIE GALE	29	RALEIGH	NC	28:06	9:03
12	167	SUNNY O'CONNOR	28	RALEIGH	NC	28:29	9:10
13	64	REBECCA DUNCAN	24	GARNER	NC	29:19	9:26
14	171	KATHY PALMISANO	29	RALEIGH	NC	29:25	9:28
15	116	EMILY HUGHES	25	KAILUA	HI	30:03	9:41
16	245	BRITTANY WOOD	20	WILLOW SPRING	NC	30:21	9:46
17	211	TIFFANY STARK	25	SANFORD	NC	30:45	9:54
18	45	LESLIE COLLINS	27	RALEIGH	NC	31:32	10:09
19	118	KIMBERLY JACKSON	24	RALEIGH	NC	32:18	10:24
20	76	EVA FRONCZYK	25	DURHAM	NC	32:22	10:25
21	246	COURTNEY WOOD	24	WILLOW SPRING	NC	33:04	10:39
22	114	COURTNEY HOLBROOK	23	RALEIGH	NC	33:53	10:55
23	46	JAMIE CONNERTON	27	GARNER	NC	34:01	10:57
24	68	ERIN ELLERMAN	27	HENDERSON	NC	35:09	11:19
25	144	SANDRA MASTROMARINO	29	WAKE FOREST	NC	36:01	11:36
26	235	ASHLEY WATTS	28	RALEIGH	NC	37:12	11:59
27	69	GINA FANNING	29	RALEIGH	NC	38:39	12:27
28	12	JEANNIE BARROW	29	HENDERSON	NC	38:58	12:33
29	35	BRITTANY CARTER	22	RALEIGH	NC	40:37	13:05
30	49	AMANDA COX	28	WENDELL	NC	41:40	13:25
31	164	LALLEH NESHAT	21	RALEIGH	NC	54:48	17:39

MALE AGE GROUP: 30 - 39

Place	Bib	Name	Ag	City	St	Time	Pace
=====	=====	=====	==	=====	==	=====	=====
1	322	MICHAEL GIARRATANO	30	WASHINGTON	DC	19:33	6:18
2	84	ERIC GELLY	38	LEWISVILLE	NC	20:06	6:28
3	40	CHRISTOPHER CLAYTON	38	RALEIGH	NC	20:25	6:35
4	321	BRYNE BYRNE	30	STAMFORD	CT	20:32	6:37
5	7	RICK ARMSTRONG	36	RALEIGH	NC	21:40	6:59
6	337	GARY FRANKS	39	RALEIGH	NC	21:42	6:59
7	41	CHARLES COBLE	36	RALEIGH	NC	22:10	7:08
8	276	WILL SUIT	38	CLAYTON	NC	22:19	7:11
9	333	JOE WALSH	38	RALEIGH	NC	22:53	7:22
10	154	ALAN MOORE	35	RALEIGH	NC	23:32	7:35
11	36	MARK CAVERLY	37	RALEIGH	NC	23:49	7:40
12	299	MATTHEW HOLLIDAY	31	RALEIGH	NC	24:00	7:44
13	172	CHUN PAN	36	RALEIGH	NC	24:06	7:46
14	156	JEREMY MORGAN	31	FUQUAY VARINA	NC	24:16	7:49
15	159	DAVE MULLEY	32	RALEIGH	NC	24:30	7:54
16	291	BRIAN BEIGER	34	DURHAM	NC	24:37	7:56
17	42	JOHN COBURN	38	RALEIGH	NC	24:43	7:58
18	305	MATTHEW PEARSON	35	WILLOW SPRING	NC	24:47	7:59
19	223	MATT THACKER	33	HENDERSON	NC	25:10	8:06
20	15	ROB BIDDLE	39	CARY	NC	25:17	8:09
21	91	RUARI GRIFFIN	31	CARY	NC	25:26	8:12
22	221	JOHN TAYLOR	30	ROANOKE RAPIDS	NC	25:29	8:12
23	189	DANIEL REGINA	36	RALEIGH	NC	25:34	8:14
24	300	HENRY GALINDO	36	RALEIGH	NC	25:34	8:14
25	257	JEREMY HANDLON	30	RALEIGH	NC	26:57	8:41
26	187	JOEL PYLAND	32	WILSON	NC	27:10	8:45
27	236	MORGAN WEATHERFORD	31	RALEIGH	NC	27:10	8:45
28	238	THOMAS WEBB	35	WILSON	NC	27:11	8:45

29	27	ROBERT BRYANT	39	RALEIGH	NC	27:55	8:59
30	328	STEWART GALE	30	RALEIGH	NC	27:57	9:00
31	303	DAVID BELL	31	NEW YORK	NY	28:04	9:02
32	212	BILL STOLTZ	37	GARNER	NC	28:05	9:03
33	314	MATTHEW COOPER	32	RALEIGH	NC	28:53	9:18
34	126	MATTHEW KOHR	38	RALEIGH	NC	28:58	9:20
35	34	JAMES CARPENTER	39	WEST END	NC	29:13	9:25
36	10	BRIAN BAGGARLY	39	APEX	NC	29:16	9:25
37	272	JAY SHARPE	34	RALEIGH	NC	30:31	9:50
38	286	HAYDEN POULIN	37	AYDLETT	NC	30:42	9:53
39	17	ANDY BIXLER	31	HOLLY SPRINGS	NC	30:48	9:55
40	252	KEITH RIVENBARK	38	CLAYTON	NC	31:06	10:01
41	316	DERRICK PETERSON	34	CLAYTON	NC	31:20	10:06
42	44	CHAD COLLINS	37	RALEIGH	NC	31:33	10:09
43	225	DAN THOMPSON	34	RALEIGH	NC	31:53	10:16
44	208	ADAM SKELDING	39	RALEIGH	NC	33:52	10:54
45	151	RAY METTS	37	RALEIGH	NC	34:18	11:03
46	100	JOSH HANDEST	34	RALEIGH	NC	34:50	11:13
47	247	JASON YARDLEY	31	FUQUAY VARINA	NC	36:35	11:47
48	256	SOMP THILAVANH	34	FUQUAY VARINA	NC	37:01	11:55
49	205	CHRISTOPHER SIMPSON	37	RALEIGH	NC	38:11	12:18
50	294	DAVID SMITH	32	MORRISVILLE	NC	40:07	12:55
51	13	BENJAMIN BAUGHMAN	34	RALEIGH	NC	41:18	13:18

FEMALE AGE GROUP: 30 - 39

Place	Bib	Name	Ag	City	St	Time	Pace
=====	=====	=====	==	=====	==	=====	=====
1	222	NATALIE TAYLOR	37	RALEIGH	NC	21:26	6:54
2	145	AMY MATTERN	33	RALEIGH	NC	23:14	7:29
3	203	KERRIE SHANK	39	RALEIGH	NC	23:24	7:32
4	59	CHRISTINE DENAHAN	36	RALEIGH	NC	23:28	7:34
5	39	CHINA CHIEN	33	CARY	NC	23:55	7:42
6	170	JOY ORLANDO	37	CARY	NC	24:26	7:52
7	275	STEPHANIE KLOS-WELLER	35	WAKE FOREST	NC	24:50	8:00
8	308	MICHELLE LEMPert	33	RALEIGH	NC	25:14	8:08
9	133	TRICIA LEWIS	38	RALEIGH	NC	25:37	8:15
10	55	EMILY DAVIS	32	RALEIGH	NC	25:42	8:17
11	56	TAMMY DAVIS	33	WAKE FOREST	NC	25:56	8:21
12	19	MOLLY BOOTHE	37	RALEIGH	NC	25:56	8:21
13	136	ANGELA LIVINGSTON	32	WAKE FOREST	NC	26:11	8:26
14	202	FRAN SEAMAN	33	CLAYTON	NC	26:58	8:41
15	227	LILY TRINH	33	CARY	NC	27:00	8:42
16	106	JESSICA HARTZELL	36	RALEIGH	NC	27:16	8:47
17	254	CYNTHIA COFFEY	37	RALEIGH	NC	27:55	8:59
18	28	CARISSA BURCHETT	34	WAKE FOREST	NC	27:58	9:00
19	241	KIMBERLY WILK	32	CARY	NC	28:35	9:12
20	318	GERI LAIL	36	RALEIGH	NC	28:35	9:12
21	175	KENDRA PARRISH	32	FUQUAY-VARINA	NC	28:49	9:17
22	330	DAWN POTTER	39	RALEIGH	NC	28:59	9:20
23	88	ROBYN GOFF	30	RALEIGH	NC	29:24	9:28
24	191	ALICIA ROBINSON	33	RALEIGH	NC	29:34	9:31
25	153	NORA MILLEY	32	GARNER	NC	29:55	9:38
26	77	ELIZABETH GAGLIONE	39	CARY	NC	30:07	9:42
27	48	REBECCA COOK	34	WILLOW SPRING	NC	31:11	10:03
28	315	KERI PADGETT	36	WAKE FOREST	NC	31:20	10:05
29	302	LORRIE MINSCHew	34	FUQUAY VARINA	NC	31:22	10:06
30	200	TWYLA RYAN	37	ARDEN	NC	31:34	10:10
31	9	VERONICA AYCOCK	34	FREMONT	NC	31:44	10:13
32	292	JULIE COVELESKI	32	WAKE FOREST	NC	31:45	10:13
33	198	PENNY RUEL	36	GARNER	NC	31:54	10:16
34	141	KELLY MARKS-BODO	34	CARY	NC	31:59	10:18
35	260	ANGELA GANGEMI	33	CARY	NC	32:08	10:21
36	162	GRETCHEN NAGLE	35	RALEIGH	NC	32:12	10:22

37	63	ANJELA DUKES	34	RALEIGH	NC	32:13	10:22
38	8	KRISTI AYCOCK	32	PIKEVILLE	NC	32:16	10:23
39	218	SONIA SURASKY	32	RALEIGH	NC	32:24	10:26
40	47	TIFFINY CONSOLI	39	RALEIGH	NC	32:25	10:26
41	239	KELLY WELCH	31	WINSTON SALEM	NC	32:25	10:26
42	224	RENEE THACKER	31	HENDERSON	NC	33:39	10:50
43	166	MARIE NORTON	38	CARY	NC	33:47	10:53
44	213	DARIA STOLTZ	38	GARNER	NC	33:49	10:53
45	3	RUKAYAT ADEJUMO	33	RALEIGH	NC	34:08	11:00
46	110	DONNA HAYNES	36	RALEIGH	NC	34:27	11:06
47	101	MAGGIE HANDEST	32	RALEIGH	NC	34:50	11:13
48	329	MICHELLE MCCREA	39	FUQUAY VARINA	NC	35:00	11:16
49	14	JACKIE BAYNE	31	CARY	NC	36:42	11:49
50	282	LIZ SCHOENECK	30	RALEIGH	NC	37:09	11:58
51	287	TIFFANY WRIGHT	32	FUQUAY VARINA	NC	38:07	12:16
52	206	MARY SIMPSON	35	RALEIGH	NC	38:11	12:18
53	255	AMANDA HABICH	31	WILLOW SPRING	NC	38:27	12:23
54	194	JULIE ROSA	31	RALEIGH	NC	39:17	12:39
55	38	APRIL CHIANESE	34	CLAYTON	NC	39:29	12:43
56	60	JENNIFER DIKE	35	RALEIGH	NC	39:39	12:46
57	226	SYNTHAVANH THOMPSON	35	RALEIGH	NC	39:50	12:50
58	293	JENNIFER PENNINGTON	31	RALEIGH	NC	39:59	12:53
59	290	TRICIA SHAFER	37	FUQUAY VARINA	NC	47:12	15:12

MALE AGE GROUP: 40 - 49

Place	Bib	Name	Ag	City	St	Time	Pace
=====	=====	=====	==	=====	==	=====	=====
1	265	MARK NEWTON	45	RALEIGH	NC	19:09	6:10
2	89	CLYDE GOMES	45	CLAYTON	NC	19:19	6:13
3	146	STEVEN MCGILL	42	KNIGHTDALE	NC	19:41	6:20
4	270	DAVID MEYER	45	RALEIGH	NC	20:32	6:37
5	297	GREGG WOZNICHAK	41	CLAYTON	NC	22:42	7:19
6	197	LAURENCE RUBIN	43	RALEIGH	NC	22:44	7:20
7	261	WAYNE BRIDGES	45	CLAYTON	NC	22:50	7:21
8	75	GARY FOWLER	47	WAKE FOREST	NC	22:57	7:24
9	259	JOHN WARWICK	47	RALEIGH	NC	23:15	7:29
10	90	RICK GRAYSON	47	RALEIGH	NC	23:25	7:33
11	86	ANDY GILBERT	49	APEX	NC	23:41	7:38
12	262	ANDREW MEYERS	42	APEX	NC	23:53	7:42
13	278	SKIP KING	42	CARY	NC	24:12	7:48
14	219	CHIP SWARTZ	41	FOUR OAKS	NC	24:42	7:57
15	95	CHRIS HAGWOOD	43	GARNER	NC	24:53	8:01
16	123	GREG JOHNSON	47	APEX	NC	25:09	8:06
17	2	JOHN ADAMOF	40	RALEIGH	NC	25:28	8:12
18	234	MARTY WALTON	46	GARNER	NC	25:28	8:12
19	109	DANIEL HAVEY	46	RALEIGH	NC	26:15	8:27
20	195	GARY ROSIA	42	CARY	NC	26:34	8:34
21	335	DANIEL DEMCOVICI	44	RALEIGH	NC	26:46	8:37
22	181	MIKE PHILLIPS	48	FUQUAY VARINA	NC	26:51	8:39
23	107	KIP HARTZELL	44	RALEIGH	NC	27:16	8:47
24	148	TOM MCGRATH	44	GARNER	NC	27:49	8:57
25	117	ROBERT IPOCK	47	LAGRANGE	NC	27:56	9:00
26	104	ART HARRIS	42	KNIGHTDALE	NC	28:22	9:08
27	155	JACK MORGAN	42	RALEIGH	NC	28:25	9:09
28	23	GARY BROWN	45	MT. OLIVE	NC	28:45	9:15
29	304	EDWARD KARCHER	41	RALEIGH	NC	28:45	9:16
30	177	GEORGE PAUGH	49	WILLOW SPRING	NC	28:48	9:17
31	240	RICHARD WIEBER	47	FOUR OAKS	NC	29:31	9:31
32	307	JOHN HERRING	42	RALEIGH	NC	29:33	9:31
33	251	SCOTT ZARGO	44	RALEIGH	NC	31:18	10:05
34	98	KEVIN HALL	48	NASHVILLE	NC	31:33	10:10
35	192	CHARLES ROSA	41	RALEIGH	NC	31:47	10:14
36	268	DWAYNE LESHER	47	RALEIGH	NC	32:00	10:18

FEMALE AGE GROUP: 40 - 49

Place	Bib	Name	Ag	City	St	Time	Pace
1	18	RIMA BOGARDUS	44	CARY	NC	22:06	7:07
2	168	PAULA O'NEAL	44	GARNER	NC	23:46	7:39
3	233	GAIL WALTON	47	GARNER	NC	24:10	7:47
4	29	CHRISTAL BURGESS	43	RALEIGH	NC	24:57	8:02
5	128	MARY KRAMER	43	RALEIGH	NC	25:30	8:13
6	70	SUE FATHI	40	RALEIGH	NC	25:46	8:18
7	11	PAULINE BAGGARLY	41	APEX	NC	27:32	8:52
8	180	BLANCHE PHILLIPS	45	FUQUAY VARINA	NC	28:41	9:14
9	147	AMY MCGRATH	43	GARNER	NC	29:07	9:23
10	248	PILAR YBARRA	44	RALEIGH	NC	29:19	9:27
11	210	WALTON SPOOR	43	RALEIGH	NC	29:21	9:27
12	237	RENEE WEAVER	40	RALEIGH	NC	29:37	9:32
13	30	SUSAN BURKE	43	GARNER	NC	30:32	9:50
14	152	JENNIFER MEYERS	40	GARNER	NC	30:41	9:53
15	169	JACQUELINE OKOTH	40	RALEIGH	NC	31:11	10:03
16	216	LISA STUBBS	42	RALEIGH	NC	32:11	10:22
17	53	FONDA DANIELS	41	CARY	NC	32:14	10:23
18	124	JANET JOHNSON	46	GARNER	NC	32:14	10:23
19	204	STEPHANIE SHEAR	43	RALEIGH	NC	32:19	10:24
20	113	KIM HOCKING	41	RALEIGH	NC	34:11	11:01
21	158	NANCY MOSER	48	RALEIGH	NC	35:29	11:26
22	269	HOLLY BRIGGS	43	RALEIGH	NC	36:04	11:37
23	285	DIANE DUNN	44	GARNER	NC	36:04	11:37
24	115	TAMMY HOLDER	41	ASTORIA	NY	38:12	12:18
25	258	FREDA KERR	44	RALEIGH	NC	38:51	12:31
26	82	REBECCA GAMBLE	40	RALEIGH	NC	39:55	12:51
27	6	ANGELA ALLOR	42	RALEIGH	NC	40:31	13:03
28	196	MICHELE ROSS	40	WAKE FOREST	NC	44:02	14:11
29	25	SUZANNE BROWN	41	GOLDSBORO	NC	47:50	15:24

MALE AGE GROUP: 50 - 59

Place	Bib	Name	Ag	City	St	Time	Pace
1	99	RICHARD HAMILTON	50	RALEIGH	NC	21:11	6:49
2	336	KAZEM YAHYAPOUR	53	RALEIGH	NC	21:24	6:54
3	21	STEVE BRADLEY	56	PURCELLVILLE	VA	21:33	6:56
4	186	ZEPH PUTNUM	55	FUQUAY	NC	21:42	6:59
5	326	WAIL MALATY	51	HENDERSONVILLE	NC	21:52	7:03
6	312	TIM BECK	52	FUQUAY-VARINA	NC	22:09	7:08
7	149	CHARLES MEEKER	58	RALEIGH	NC	23:16	7:30
8	279	BILL CARROL	54	RALEIGH	NC	24:18	7:50
9	129	JIM KRISTOF	51	CARY	NC	24:54	8:01
10	249	JOEY YOW	50	FOUR OAKS	NC	25:06	8:05
11	127	JOHN KRAMER	58	RALEIGH	NC	25:38	8:16
12	317	PETER CRANFORD	55	RALEIGH	NC	26:26	8:31
13	271	DAVID LENNON	56	RALEIGH	NC	26:54	8:40
14	142	ANDREW MARSHALL	55	SANFORD	NC	29:14	9:25
15	1	DEBBIE ABBENE	53	APEX	NC	29:45	9:35
16	73	TOM FERRO	53	CARY	NC	31:00	9:59
17	178	CARL PEMBERTON	52	ROCKVILLE	MD	31:16	10:04
18	122	BARRY JOHNSON	52	MORRISVILLE	NC	35:05	11:18
19	93	FRANK HAAG	57	RALEIGH	NC	45:23	14:37

FEMALE AGE GROUP: 50 - 59

Place	Bib	Name	Ag	City	St	Time	Pace
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Place	Bib	Name	Ag	City	St	Time	Pace
1	267	LISA HOWELL	50	RALEIGH	NC	24:22	7:51
2	296	KAYE HOLDER	59	RALEIGH	NC	28:49	9:17
3	103	CAROL HANSEL	50	CARY	NC	29:53	9:38
4	16	BARBARA BILLINGS	50	SHIPPENSBURG	PA	30:33	9:50
5	26	CAROL BROWNE	51	ASHEVILLE	NC	31:04	10:00
6	160	CARRIE MYERS	50	MALVERN	OH	31:12	10:03
7	310	NITA KLINE	53	RALEIGH	NC	32:19	10:24
8	67	JULIE ELDRIDGE	51	RALEIGH	NC	33:51	10:54
9	125	KAREN JONES	55	MACON	GA	34:21	11:04
10	121	SUSAN JESSUP	50	HOLLY SPRINGS	NC	35:20	11:23
11	217	DIANE SULLIVAN	57	ROCKY POINT	NC	42:06	13:33

MALE AGE GROUP: 60 - 99

Place	Bib	Name	Ag	City	St	Time	Pace
1	150	RANDY MELLOTT	60	RALEIGH	NC	22:43	7:19
2	132	MEL LEVIN	61	RALEIGH	NC	23:22	7:31
3	137	ERV LOVE	64	RALEIGH	NC	24:07	7:46
4	24	KEN BROWN	64	RALEIGH	NC	24:08	7:46
5	301	JOHN LAWRANCE	62	WILLOW SPRING	NC	26:59	8:41
6	229	MIKE VALENTINE	60	STATESVILLE	NC	27:58	9:01
7	185	KENDALL PRATT	63	APEX	NC	29:01	9:21
8	131	JIM LAUMANN	62	CARY	NC	35:04	11:18

FEMALE AGE GROUP: 60 - 99

Place	Bib	Name	Ag	City	St	Time	Pace
1	92	LOUISE GUARDINO	68	CARY	NC	31:36	10:11
2	108	SUSAN HATCH	61	RALEIGH	NC	38:35	12:26
3	273	FRANCES ROSE	65	CARY	NC	39:04	12:35
4	174	ERNESTINE PARKER	65	RALEIGH	NC	39:11	12:37
5	214	BARBARA STONE-NEWTON	60	RALEIGH	NC	45:56	14:47
6	230	TAMARA VALENTINE	60	STATESVILLE	NC	54:02	17:24

INFORMATION FOR USAT&F

This is the 1st year for this event. The race director was Dave Rouse - dave.rouse@kbr.com. Finish and timing were done by Young & Associates, who are submitting these results.

There were 636 entries in the race. Of these 636 entrants, 338 entered as "competitive," i.e., elected to be timed. Of these, there were 315 official finishers - 161 males and 154 females.

The temperatures were in the high 70's and sunny.

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